HUMAN POTENTIAL EXPERT

Heather Nemelka

Helping educators and students rethink what's *possible*.



EX-AMAZON LEADER · NONPROFIT FOUNDER · WORKFORCE STRATEGIST

ABOUT HEATHER

Heather Nemelka is a keynote speaker, workshop facilitator, former Amazon leader, nonprofit founder, and workforce development advocate. She leads nearly 1,000 women students in BYU's Heritage Halls and is a regular guest lecturer on campus. Drawing on corporate, entrepreneurial, and nonprofit leadership, she delivers engaging sessions for schools on burnout, AI, belonging, trust, and confidence. Through compelling stories, practical frameworks, and actionable strategies, she challenges audiences to question assumptions, recognize untapped potential, and turn possibility into action.

50+
Events and workshops

Thousands
Coached and trained

8%
Favikon Top Executive Leadership Coaching

AS HEARD ON — **The Good Life Project** · **KSL Studio 5** · **BYU Y Magazine Podcast** · **Silicon Slopes Podcast**

BOARDS & LEADERSHIP

Bear River Mutual
Board of Directors

Utah Business
Editorial Advisory Board

Stampin' Up
Board of Directors

BYU YSA 4th Stake
Stake Relief Society President

Silicon Slopes
Chair, AI Chapter

Amazon
Former Marketing Leader and Tier 2 Speaker Certified

BYU AI Foundry
Advisory Board

Elavare
Founder & President

Signature Talks

For schools, colleges, and the people who teach

01 Burnout Prevention & Resilience

Running on Empty, Performing on Full

Built for in-service days and back-to-school kickoffs. Through storytelling, humor, and her PhD Framework™, Heather helps educators spot the early signs of burnout, build support, and protect their energy so they can keep loving the work.

02 Mental Health & Connection

Connected but Alone: Overcoming Social Isolation in the Digital Age

Students are challenged to rethink connection in a digital world. They'll discover how to overcome isolation, build meaningful relationships, and create a greater sense of belonging for themselves and others.

03 AI & Education

Real Intelligence in an AI World

For educators and students alike. Rethink the role of AI in learning and life, and discover how to use AI ethically, strengthen critical thinking, stay curious, and build meaningful human connection in an increasingly digital world.

04 Culture & Trust

The Trust Advantage: The Secret to High-Performing Teams

Trust is what makes great schools work. Learn how building trust strengthens communication between leaders, teachers, and staff, so people feel valued, speak up, and do their best for students.

05 Confidence & Reinvention

Stop Managing Your Life. Start Imagining It.

What if the biggest thing holding you back is underestimating who you could become? Students learn to overcome self-doubt, act before they feel ready, and pursue possibilities they never imagined.

TESTIMONIALS

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Heather is an energetic and motivating speaker. She speaks with authenticity, authority and sincerity. Her audiences can feel her energy and respond to her. Her ability to listen and interact to audiences' questions is engaging.

Steve Colton
President · Zerorez Atlanta Group

She brought professionalism and polish to every part of the process, and she worked closely with our team to find the right tone for the message. She skillfully applied her deep knowledge and experience to our brand and vision, so the content felt authentic to our organization.

Kriss Davis
AVP Learning and Development · Deseret First Credit Union

RECENT STAGES

BYU Marriott Center
BYU Women's Conference
BYU Career Services
BYU Women's Center
BYU EMBA Kickoff Dinner
BYU Women in Business Summit
UVU Impact DEN
University of Utah Business School

HANDS-ON WORKSHOP

It's Not Who You Know. It's Who Knows You.

Students use LinkedIn, alumni connections, and informational interviews to learn how to land their first job, and leave with a real job-search plan.

Bring Heather to your school

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